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Trans-Specific Power and Control Tactics

	Tactics Used Against Trans Partners	Tactics used By Trans Partners
Safety. Outing. Disclosure.	▪ Threatening to "out" you to your employer, friends, or family members ▪ Threatening to take the children or turn them against you	▪ Threatening to tell your family, friends, employers that you aren't who you say you are (e.g. straight, lesbian...) ▪ Turning the children against you
Community attitudes	▪ Ridiculing or belittling your identity as bisexual, trans, femme, butch, genderqueer.... ▪ Claiming they are more "politically correct" and using their status as an L, G, B, and/or T person against you ▪ Stating you would harm the LGB and/or T community if you exposed what was happening	▪ Ridiculing or belittling your identity as bisexual, trans, femme, butch, genderqueer.... ▪ Claiming they are more "politically correct" and using their status as an L, G, B, and/or T person against you ▪ Stating you would harm the LGB and/or T community if you exposed what was happening ▪ Using "cisgender" as a slur and insult
Gender stereotypes (& transphobia)	▪ Telling you they thought you liked "rough sex" or "this is how real men/women like sex" ▪ Declaring you are not a real man/woman ▪ Telling you that nobody will ever love you ▪ Telling you that you don't deserve better and/or would never find a better partner ▪ Claiming they know what's best for you, how you should dress or wear makeup (or not) etc.	▪ Claiming they are just being "butch" or that "it's the hormones" (to explain their violent behavior) ▪ Telling you that there is no way to have safer sex with trans bodies, so you'll have to have unprotected sex ▪ Threatening suicide, especially while reminding you of how many trans people commit suicide ▪ Demanding greater share of clothing/grooming funds because their safety is at stake ▪ Claiming they make a better or more attractive man or woman than you do

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	Tactics Used Against Trans Partners	Tactics used By Trans Partners
Using or undermining identity	▪ Using pronouns not preferred by you or calling you "it" ▪ Calling you pejorative names ▪ Ridiculing how your body looks ▪ Telling you that nobody would believe you because you're transgender	▪ Accusing you of not allowing hir to have a "proper adolescence" ▪ Claiming that your identity "undermines" or is "disrespectful" of theirs ▪ Stating that trans people are superior because they don't limit themselves to a restrictive binary and sex role stereotypes
Violating boundaries	▪ Eroticizing/fetishizing your body against your will ▪ Touching parts of your body you don't want touched, or using terms about your body they know you find offensive ▪ Forbidding you to talk to others about transgender topics	▪ Denying that you are affected by transition or by being partnered with a trans person ▪ Charging you with "not being supportive" if you ask to discuss questions of transitioning timing and/or expense ▪ Forbidding you to talk to others about transgender topics
Restricting access	▪ Denying access to medical treatment or hormones, or coercing you to not pursue medical treatment ▪ Hiding or throwing away hormones, clothes, prosthetics, or other trans-specific items ▪ Negating your personal decisions ▪ Controlling finances to not allow for purchase of hormones, surgery, clothes, make up, prosthetics	▪ Not allowing you to talk to or see your friends ▪ Denying access to parts of the house or apartment (where hormones or clothes may be stored) ▪ Negating your personal decisions ▪ Controlling finances in order to prioritize paying for hormones, surgery, trans-related items (even if risking not paying for rent, food or mutual expenses)

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